

Credit Transfer – Stage 1

Certificate IV in Fitness SIS40221

Credit Transfer (CT)

Have you completed the same or an equivalent superseded unit of competency (UoC) within a different qualification? Have you completed the unit/s within the last 3 years, or have you been working within a related industry where you have maintained current knowledge and skills? If this is your situation, you can have your previous study recognised by ACFB!

ALL applications for Credit Transfer MUST be accompanied by the requested evidence to verify the completion of the units of competency along with currency.

How does the CT process work?

There are two (2) steps within the CT process:

Step 1

- Review the UoC completed within a previous qualification and match these to the UoC within the Certificate IV in Fitness SIS40221
- Where the same UoC has been completed, and where its completion date was within the last 3 years, tick the Under 3 years ago CT box.
- Where the same UoC has been completed, however it was completed over 3 years ago, tick the Over 3 years ago CT box.

Evidence to submit with this application form:

- Evidence of completion of the UoC's, e.g., Record of Results or a Statement of Attainment.
- Where the UoC's were completed over 3 years ago, evidence of current work within that industry e.g., employment contract, membership to a professional association, pay slips (payment details blacked out).
- Email this completed form along with the required evidence to rpl@acfb.edu.au

Step 2

- Your information will be reviewed, and the Program Manager will be in contact with you within 7-14 days to discuss your application and when required, request further evidence.
- *Please note: ACFB clusters some UoC's together for holistic delivery and assessment. In the instance you gain CT for a UoC that is clustered with another UoC where you have not gained CT, this may result in a reduction in the fee for the UoC but the same number of assessments will need to be completed.*

First Name _____ Surname _____ Email _____ Phone Number _____

Step 1 – Tick the unit of competencies completed within a previous qualification:

Unit Code	Unit Name	Completed within previous 3 yrs	Completed longer than 3 yrs ago
PT Programming & Instruction			
SISFFIT034	Assess client movement and provide exercise advice		
SISFFIT041	Develop personalised exercise programs		
SISFFIT042	Instruct personalised exercise sessions		
SISFFIT043	Develop and instruct personalised exercise programs for body composition goals		
SISFFIT049	Use exercise science principles in fitness instruction		
SISXCAI009	Instruct strength and conditioning techniques		
CHCCOM006	Establish and manage client relationships		
Special Populations			
SISFFIT044	Develop and instruct personalised exercise programs for older clients		
SISFFIT045	Develop and instruct personalised exercise programs for adolescent clients		
Nutrition & Behaviour Change			
SISFFIT050	Support exercise behaviour change		
SISFFIT053	Support healthy eating for individual fitness clients		
Professional Practice & Business			
SISFFIT051	Establish and maintain professional practice for fitness instruction		
BSBESB301	Investigate Business Opportunities		
BSBESB302	Develop and present business proposals		
Safe Practice Gym Principles			
BSBOPS403	Apply Business Risk Management Processes		
BSBWH5332X	Apply infection prevention and control procedures to own work activities		
SISXFAC001	Maintain equipment for activities		

Current Experience

Where your UoC's were completed longer than 3 years ago, provide specific details of your work in the industry within the previous 3-year period.