### RPL Standard



### HLTMSG006 – Adapt Remedial Massage Treatments to Meet Specific Needs

*This unit is assessed holistically with HLTMSG003 Perform remedial massage musculoskeletal assessments & HLTMSG005 Provide remedial massage treatments.*

**How to complete this form:**

Complete all areas in **blue** on the following pages by providing information on your previous skills and qualifications using the information below as a guide.

**Unit Description:**

This unit describes the skills and knowledge required to adapt remedial massage assessment and treatment strategies to meet the needs of clients of different genders and at different stages of life. It also includes the requirement to be able to identify and respond to other specific needs with which the practitioner may be unfamiliar.

### To gain RPL for this unit of competency the applicant must meet the following benchmarks along with providing evidence that their current level of knowledge and skills is

relevant to all performance criteria, knowledge and **performance evidence**.

**The applicant must provide evidence of the following to gain RPL for this unit:**

* Performed the activities outlined in the performance criteria of this unit during a period of at least **200** hours of massage client consultation work
* Prepared for and managed at least **130 client consultations with a minimum of 60 remedial massage treatment sessions** - clients must include males and females from different stages of life with varied presentations
* Managed the complete remedial massage assessment and treatment process for at least 3 people from each of the following groups:
* adult females
* adult males
* elders (over 65)
* Completed physical assessments and effectively adapted communication, assessment and treatment strategies to meet client needs
* Conducted case specific research for at least 3 cases, where key aspects of the condition are not known to the candidate
* The applicant must demonstrate knowledge of all Performance Criteria, Essential Knowledge and Skills

**Example Evidence:**

### Evidence of working within the industry

### Relevant transcript & certificate

* Copy of membership of an Australian professional body that represents massage therapists
* Evidence of continuing professional development requirements of the professional body to which you belong

### Client consultation forms detailing the full remedial massage framework including; treatment planning to relevant to outcomes of physical assessment and client needs & goals, remedial massage treatment, evaluation & recommendations

### Completion of ACFB e-learning quiz/oral questioning related to work within a massage practice

**Evidence documents MUST include, but not limited to:**

### Evidence of work within a health industry where direct client consultation is completed

### Evidence of (130) client consultations including a minimum of (60) remedial massage client consultations within a clinic or supervised student massage clinic, with different people presenting with different conditions. Documents will include a medical history and client cards for each client. All submitted client consultations must be completed at a competent level and meet the requirements of this unit.

**Note:** all documents with client identifiers blanked out, demonstrating the ability to work with clients with a variety of presenting conditions

* Evidence of where **research was conducted for at least 3 of the above consultations**, where key aspects of the condition are not known to the candidate. This can be through the submission of the research conducted attached to the client consultation form. There must be evidence of where this research has provided direction for the treatment or future documented treatments.

**Practical Demonstrations** *(completed after enrolment to determine currency of knowledge and skills)*

* A practical demonstration of your ability to safely implement a pregnancy remedial massage for a specific complaint, taking into consideration indicated and contraindicated techniques, regions and positioning, bolstering, draping and the physiological and structural changes through each trimester. The remaining special population groups will be assessed through oral questioning and submission of client cards.

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### *Unit Evidence Description*



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| **Applicant Name** |  |  |  |



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| HLT52015 | | Diploma of Remedial Massage | | **HLTMSG006** | **Adapt Remedial Massage Treatments to Meet Specific Needs** | **Office Use Only** | |
| **Type of Unit:** Core | | **Prerequisite:** None | |
| **Sufficient** | **F.E.R.** |
| **Elements / Performance Criteria** | | | **Evidence***(Applicant; Explain in detail how your evidence relates to the required knowledge listed)* | | |  |  |
| **1.** **Adapt assessment and treatment strategies to stages of life** | | | | | | | |
| **1.1** | Anticipate and take account of client sensitivities to ensure client dignity is maintained | |  | | |  |  |
| **1.2** | Tailor approaches that take account of different cognitive abilities of clients at different stages of life | |  |  |
| **1.3** | Adjust physical processes to take account of client capabilities and physical body features | |  |  |
| **1.4** | Recognise norms and deviations associated with age and gender | |  |  |
| **1.5** | Obtain consents from others when appropriate | |  |  |
| **2.** **Respond to unfamiliar presentations** | | | | | | | |
| **2.1** | Recognise situations where presenting cases or aspects of presenting cases fall outside current knowledge base or expertise | |  | | |  |  |
| **2.2** | Refer client to other practitioners when case is not appropriate to own scope of practice | |  |  |
| **2.3** | Identify, access and interpret sources of additional information and advice when appropriate to continue with the case | |  |  |
| **2.4** | Enhance own capacity to deal with the case by conducting case specific research | |  |  |
| **2.5** | Integrate findings into client treatment plans and record details | |  |  |

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| **3. Extend and expand own knowledge base** | | | | |
| **3.1** | Pro-actively identify and respond to professional development opportunities |  |  |  |
| **3.2** | Develop and adjust work practices as part of ongoing practice development |  |  |

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| **Knowledge Evidence** | **EVIDENCE**  (please explain in detail how your evidence relates to each of the required knowledge listed) | **Office Use Only** | |
|  | | **Sufficient** | **F.E.R.** |
| Legal and ethical considerations (national and state/territory) for working with specific groups:   * Children in the workplace * Codes of conduct * Discrimination; Age, Disability, Racial, Sex * Duty of care * Informed consent * Mandatory reporting * Practitioner/client boundaries * Privacy, confidentiality and disclosure * Records management * Work role boundaries: * Working within scope of practice * Presenting symptoms that require referral to a medical practitioner * Work health and safety |  |  |  |
| Treatment management factors that must be considered for clients of different genders and at different stages of life:   * Case taking * Variations in approach to physical examination * Home recommendations |  |  |  |
| Major developmental milestones for different stages of life |  |  |  |

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| Features of common health conditions that affect the following groups and how those conditions are assessed and treated in the remedial massage framework:   * Children * Adolescents * Adult females at different stages of life * Adult males at different stages of life |  |  |  |
| Factors for consideration when providing any form of palliative care |  |  |  |

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| **Performance Evidence** | **EVIDENCE** *(This evidence will be collected via documents outlined on first page)* | **Office Use Only** | | |
|  | | **Sufficient** | **F.E.R.** | |
| Performed the activities outlined in the performance criteria of this unit during a period of at least 80 hours of massage client consultation work | *This evidence will be collected via submission of documentation requested on the first page.* |  | |  |
| Prepared for and managed at least 40 massage assessments - clients must include males and females from different stages of life with varied presentations | *This evidence will be collected via submission of documentation requested on the first page.* |  | |  |
| Completed physical assessments using palpation, observation and active, passive and resisted ROM testing | *This evidence will be collected via submission of documentation requested on the first page and via practical demonstrations.* |  | |  |
| Interacted effectively with clients:   * Clearly articulated information about services, treatment options and rationale * Engaged clients in decision making | *This evidence will be collected via submission of documentation requested on the first page and via practical demonstrations.* |  | |  |

**Office Use Only**

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| **RPL Outcome** | | | | |
| **RPL Achieved** | Yes □ | No □ | |
| **Further Evidence Required** | Yes □ | No □ | |
| **Further Evidence *(list of required evidence)*** | | | | |
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| *RPL Assessor Name:* | | | *Date:* | |