### RPL Standard



### HLTMSG001 – Develop Massage Practice

**How to complete this form:**

Complete all areas in **blue** on the following pages by providing information on your previous skills and qualifications using the information below as a guide.

**Unit Description**

This unit describes the skills and knowledge required to establish the foundations of massage practice, evaluate what makes a sustainable practice and then to develop an approach to own practice. To gain RPL for this unit of competency the applicant must meet the following benchmarks along with providing evidence that their current level of knowledge and skills is

relevant to all performance criteria, knowledge and **performance evidence**.

**The applicant must provide evidence of the following to gain RPL for this unit:**

* Review and reflect on information from a range of sources about massage practice
* Evaluate and articulate requirements for sustainable massage practice
* Worked within a massage clinic or completed supervised massage clinics within a training organisation at least 80 hours of massage client consultation work.
* Ability to develop goals for you own practice that reflect the values and philosophies of massage therapy
* The applicant must demonstrate knowledge of all Performance Criteria, Essential Knowledge and Skills

**Example Evidence:**

### Relevant transcript & certificate

### Evidence of working within the industry through letters from employers outlining job role and duties

* Client files demonstrating current industry experience

### Completion of ACFB e-learning quiz/oral questioning related to work within a fitness practice; If required this will be completed at a later stage.

**Evidence documents MUST include, but not limited to:**

* Copy of current professional membership with an association
* Evidence of a minimum of three (3) client consultations within a massage clinic or supervised student massage clinic including medical history form and client cards

**Note:** All documents with client identifiers must be blanked out

### *Unit Evidence Description*



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| **Applicant Name** |  |  |  |



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| HLT42015 | | Certificate IV in Massage Therapy | | | **HLTMSG001** | **Develop Massage Practice** | **Office Use only** | |
| HLT52015 | | Diploma of Remedial Massage | | |
| **Type of Unit:** Core | | | **Prerequisite:** None | | **Sufficient** | **F.E.R.** |
| **Elements / Performance Criteria** | | | | **Evidence***(Applicant; Explain in detail how your evidence relates to the required knowledge listed)* | | |  |  |
| **1.** **Establish foundations of massage practice** | | | | | | | | |
| 1.1 | Identify, access and interpret information on the central philosophies of massage practice | | |  | | |  |  |
| 1.2 | Evaluate the massage system of treatment and its application to current health issues | | |  |  |
| 1.3 | Compare and contrast massage, other complementary health modalities and broader health practice | | |  |  |
| **2. Represent the massage framework** | | | | | | | | |
| 2.1 | Determine information needs of different individuals and groups | | |  | | |  |  |
| 2.2 | Identify key messages that represent the philosophy and practice of massage | | |  |  |
| 2.3 | Communicate information about massage at level of depth appropriate to audience needs | | |  |  |

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| **3. Determine requirements for sustainable massage practice** | | | | |
| 3.1 | Identify key issues that affect the development and sustainability of professional practice |  |  |  |
| 3.2 | Identify economic, environmental, human and social considerations, and their impact on professional practice |  |  |
| 3.3 | Establish a personal health strategy that supports massage practice |  |  |
| 3.4 | Access, interpret and collate current information that supports professional practice |  |  |
| **4.** **Develop approach to own practice** | | | | |
| 4.1 | Reflect on professional goals and aspirations |  |  |  |
| 4.2 | Identify and assess professional opportunities in massage |  |  |
| 4.3 | Reflect on the opportunities and constraints of individual personal circumstances |  |  |
| 4.4 | Make decisions about practice direction, based on reflection and research |  |  |
| 4.5 | Develop practical strategies that address own practice goals |  |  |

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| **Knowledge Evidence** | **EVIDENCE** (please explain in detail how your evidence relates to each of the required knowledge listed) | **Office Use Only** | |
|  | | **Sufficient** | **F.E.R.** |
| Historical development of massage |  |  |  |
| Different types of massage treatments and their key features and purpose, including the difference between relaxation and remedial massage |  |  |  |
| Key features of complementary therapies used in conjunction with massage, including:   * Aromatherapy * Reflexology |  |  |  |
| Key features of allied health services and their relationship to massage, including:   * Physiotherapy * Osteopathy * Chiropractic * Exercise physiology * Dietetics * Naturopathy |  |  |  |
| Place of massage practice in the broader health care system |  |  |  |
| Professional massage networks and industry bodies |  |  |  |
| Different models of professional massage practice and their employment opportunities |  |  |  |
| Components of sustainable practice:   * Economic – opportunities and viability * Environmental * Human – personal health, professional development * Social responsibility |  |  |  |
| Legal and ethical considerations (national and state/territory) and how these are applied in  individual practice:   * Children in the workplace * Codes of conduct * Continuing professional education * Discrimination * Dignity of risk * Duty of care * Human rights * Informed consent * Insurance requirements * Mandatory reporting * Practitioner/client boundaries * Privacy, confidentiality and disclosure * Records management * Work role boundaries – responsibilities and limitations * Work health and safety |  |  |  |

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| **Performance Evidence** | **EVIDENCE** *(This evidence will be collected via documents outlined on first page)* | **Office Use Only** | | |
|  | | **Sufficient** | **F.E.R.** | |
| Used critical thinking skills to:   * Review and reflect on information from a range of sources about massage practice * Evaluate and articulate requirements for sustainable massage practice | *This evidence will be collected via submission of documentation requested on the first page.* |  | |  |
| Communicated key messages about massage therapy to meet the information needs of at least 3 different individuals or groups | *This evidence will be collected via submission of documentation requested on the first page.* |  | |  |
| Developed goals for own practice that reflect the values and philosophies of massage therapy | *This evidence will be collected via submission of documentation requested on the first page.* |  | |  |

**Office Use Only**

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| **RPL Outcome** | | | | |
| **RPL Achieved** | Yes □ | No □ | |
| **Further Evidence Required** | Yes □ | No □ | |
| **Further Evidence *(list of required evidence)*** | | | | |
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| *RPL Assessor Name:* | | | *Date:* | |