Nutrition
RPL/RCC Information Sheet

Related Units of Competency

- o   SISFFIT005   Provide healthy eating information
- o   SISFFIT025   Recognise the dangers of providing nutrition advice to clients
- o   SISFFIT026   Support healthy eating through the Eat for Health program

Cluster Description:
This cluster covers the knowledge and skills to provide current healthy eating information on maintenance of health and prevention of chronic disease related to the Australian Dietary Guidelines and Eat for Health Educator Guide. The ability to identify and prepare written referrals to Accredited Practicing Dietitians/Accredited Sports Dietician/or General practitioner for clients with dietary concerns or support.

Instructions

Please read the following requirements and tick the applicable box. If you wish to apply for RPL/RCC for this cluster, you MUST complete and provide:
- this document
- the relevant evidence you have stated which **MUST** be included with your RPL application
- completed RPL forms for each unit where the applicant is wanting RPL reviewed

Please note:
An RPL/RCC application will not be reviewed without these completed documents. No exceptions will be made.

1.   Gaining RPL *(Tick boxes relevant to your application)*

In order to gain RPL for this cluster you MUST provide the following evidence:

☐   Relevant transcript & certificate, or

☐   Resume of applicant outlining previous and/or current work within health/community environment, and,

☐   Letter from employer stating the applicant's current job role within health/community environment

And,

☐   Copies of 5 x written referrals you have provided to the practitioners listed above (all client identifiers blacked out)

☐   Copies of 5 x clients where nutritional advice has been provided (all client identifiers blacked out)

2.   Practical Evidence Required *(Tick boxes relevant to your application)*

To gain recognition for the underpinning knowledge for this cluster, you will need to:

☐   Complete oral questioning with an assessor to ensure current knowledge of all required knowledge

3. Acknowledgement

Name: _____

Email Address: _____

☐ I understand that I MUST provide relevant and verifiable evidence to support my claim for RPL/RCC and my application will not be reviewed/approved without this requirement

☐ I understand I may be required to provide additional information to support my claim for RPL/RCC

☐ I understand that I may be required to demonstrate my knowledge and skills related to this cluster through the example RPL assessment outlined in this document