



## Remedial Massage Treatment

### RPL/RCC Information Sheet

#### Related Units of Competency

- HLTMSG005 Provide remedial massage treatments

**Please Note;** To gain RPL for the FULL units of competency listed above, you will **also** need to satisfy the requirements for Supervised and Non-Supervised Client Consultations requirements.

#### Unit Description:

This unit describes the skills and knowledge required to prepare for and provide remedial massage treatments based on the outcomes of an existing health assessment and treatment plan.

#### Instructions

Please read the following requirements and tick the applicable box. If you wish to apply for RPL/RCC for this cluster, you **MUST** complete and provide:

- this document
- the relevant evidence you have stated which **MUST** be included with your RPL application
- the specific units of competency RPL applications

**Please note:** An RPL/RCC application will not be reviewed without these completed documents. No exceptions.

#### 1. Gaining RPL (Tick boxes relevant to your application)

In order to gain RPL for this cluster you **MUST** provide the following evidence:

- Relevant transcript & certificate, or
- Resume of applicant outlining previous and/or current work within health/community environment, and,
- Letter from employer stating the applicant's current job role within health/community environment

#### 2. Practical Evidence Required (Tick boxes relevant to your application)

To gain recognition for practical components of this cluster, you will need to provide evidence that you can:

- Apply techniques in each of the following positions during client consultation sessions according to client needs; prone, supine, seated, side-lying, recumbent
- Complete a practical demonstration for ALL of the following remedial techniques to all major regions of the body;
  - deep tissue massage techniques
  - passive joint movement
  - passive soft tissue movement
  - muscle energy technique
  - myofascial (without skin penetration)
  - trigger point therapy (without skin penetration),
  - lymphatic drainage
  - stretching; assisted & take home self-stretches
  - proprioceptive neuromuscular facilitation (PNF)



- A practical demonstration of your ability to competently implement a remedial massage treatment for a client complaint, within the full remedial massage framework, including; interview, client questioning, differential list, physical assessment, clinical impression, treatment planning, remedial massage treatment, evaluation, suggestions/recommendations and documentation.

### 3. Acknowledgement

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

- I understand that I **MUST** provide relevant and verifiable evidence to support my claim for RPL/RCC and my application will not be reviewed/approved without this requirement
- I understand I may be required to provide additional information to support my claim for RPL/RCC
- I understand that I may be required to demonstrate my knowledge and skills related to this cluster through the example RPL assessment outlined in this document