



Myotherapy Dry Needling Practices RPL/RCC Information Sheet

Related Units of Competency

- VU21879 Provide myofascial dry needling treatment
- VU21874 Manage health risks in a myotherapy environment

Please Note; *Gaining RPL for Myotherapy Dry Needling Practices only covers the requirements specifically related to this cluster. To gain RPL for the FULL units of competency listed above, you will **also** need to satisfy the requirements for Supervised and Non-Supervised Client Consultations requirements.*

Cluster Description:

This cluster describes the skills and knowledge required to safely administer myofascial dry needling treatment and manage health risks within a myotherapy environment. It includes aspects of health risk analysis, personal and premises hygiene, as well as infection prevention and control. It also covers special infection prevention and control for treatments involving dry needling.

Instructions

Please read the following requirements and tick the applicable box. If you wish to apply for RPL/RCC for this cluster, you **MUST** complete and provide:

- this document
- the relevant evidence you have stated which **MUST** be included with your RPL application
- the specific units of competency RPL applications

Please note: *An RPL/RCC application will not be reviewed without these completed documents. No exceptions.*

1. Gaining RPL (Tick boxes relevant to your application)

In order to gain RPL for this cluster you **MUST** provide the following evidence:

- Relevant transcript & certificate, or
- Resume of applicant outlining previous and/or current work within a Myotherapy practice/health practice, and,
- Letter from employer stating the applicant's current job role within the Myotherapy practice/health practice

And,

- Policy and procedures for a Myotherapy practice including policy and procedures for;
 - clinic room set-up/design to comply with council regulations and reduction of health risks within a Myotherapy clinic room
 - linen management; type, number, different cleaning requirements, etc.
 - waste disposal
 - hand washing
 - sharps disposal arrangements
 - personal protective equipment
 - housekeeping and waste management
 - infection prevention and control procedures for dry needling
- Evidence of conducting health risk assessments of a Myotherapy practice



- Submission of twenty (20) client documents including medical history form and client cards (different people presenting with different conditions) with client identifiers blanked out, demonstrating your ability to work at a Myotherapy level, applying Myofascial Dry Needling techniques with clients with a variety of complex presenting conditions to a variety of body regions.
- Evidence of continuing professional development and networking activities related to Myofascial Dry Needling
- Copy of membership to an Australian professional body that represents Myotherapists and where Myofascial Dry Needling is an accepted modality

2. Practical Evidence Required *(Tick boxes relevant to your application)*

To gain recognition for practical components of this cluster after enrolment you acknowledge that you will be required to demonstrate that you can:

- A practical demonstration to demonstrate your ability to safely and competently apply Myofascial Dry Needling to the following region of the body:
 - Lower leg and foot muscles
 - Posterior, anterior and medial thigh muscles
 - Hip and pelvis muscles
 - Posterior spinal muscles
 - Pectoral girdle, glenohumeral and forearm muscles
 - Cervical spine muscles
- A practical demonstration of your ability to:
 - competently implement a health risk assessment
 - apply appropriate infection prevention and control procedures for dry needling

3. Acknowledgement

Name: _____

Email Address: _____

- I understand that I MUST provide relevant and verifiable evidence to support my claim for RPL/RCC and my application will not be reviewed/approved without this requirement
- I understand I may be required to provide additional information to support my claim for RPL/RCC
- I understand that I may be required to demonstrate my knowledge and skills related to this cluster through the example RPL assessment outlined in this document